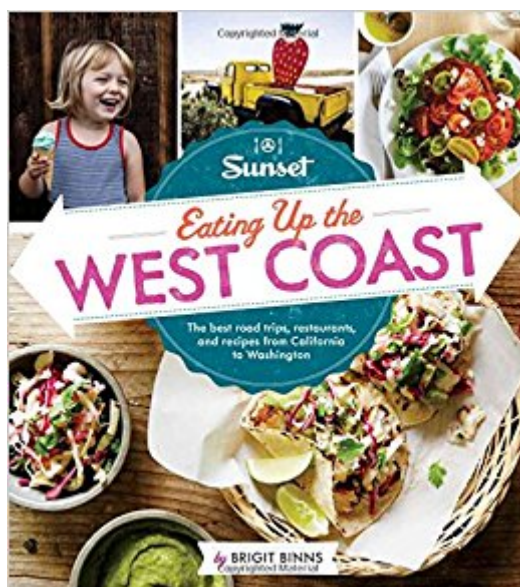


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# Sunset Eating Up The West Coast: The Best Road Trips, Restaurants, And Recipes From California To Washington



## Synopsis

Sunset Magazine and cookbook author and Road Foodie blogger Brigit Binns team up to take readers on a mouthwatering tour along scenic highways and picturesque back roads of the Pacific coast. Brigit and her trusty canine companion, Stella, make their way up the region in four bites--Southern California, Northern California, Oregon, and Washington--discovering local eateries, dives, and cafes that showcase the true flavors of each region. More than 125 delicious and authentic recipes fill the pages of this part cookbook, part delicious journey, along with tales from owners, patrons, and employees that bring each restaurant's and region's personality to light. Impeccable full color photography also graces the pages, taking readers both inside these landmark gems and outside to the surrounding scenery. Sunset's Eating Up the West Coast is a discovery guide for anyone who loves to eat great local food and venture off the beaten path.

## Book Information

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## Customer Reviews

"[Eating Up the West Coast] includes fun pictures, hot tips, and fun photos of Ms. Binns and her darling pooch, Stella, on their travels... a handy, handsome guide." [Tablehopper](#) "...you're going to want to have this one handy for the entire summer. Who's ready to take a drive?" [Refinery29](#) "...Eating Up the West Coast, makes it clear that a road trip isn't just about getting from point A to point B. It's about the tacos, pancakes, chowder and everything else you can eat along the way." [FoodandWine.com](#)

Brigit Binns is a cookbook author, food blogger, and culinary instructor who lives and works in the wine country of Central California. She is lucky enough to have turned her passion for food and the outdoors into a career, authoring and co-authoring more than 30 cookbooks, and contributing to many more. Aside from working with culinary greats such as Joachi Splichal, Michael Psilakis, and Ryan Farr, Brigit's blog Road Foodie has been named by the Huffington Post as one of the "Best Food and Drink Websites."

Full disclosure: I am Brigit's friend, and have taught at her school, Refugio, in Paso Robles. Those things have nothing to do with this review. When I friend writes a book, I usually keep mum because I don't want to be accused of nepotism. But I can't keep quiet about this wonderful book, (boysenberry) jam-packed with so many appetizing recipes. And the photos and trip details will make you emotionally hungry for a West Coast road trip--if not, well, you are a hard, hard person. I was raised in California, and what I love the most about the book--and it is hard to choose just one quality--is how Brigit has balanced our beloved standards like cioppino and lemon tart with new-wave dishes. I can't wait to try the chicken egg roll "haystacks," the lamb barbacoa, and more. Add to this Sunset Magazine's well-known artistic sensibilities, and you have a winner. If you are looking for a gift for a proud Californian, especially one that might be homesick, this is the answer. I should be buying up a stack when the holidays roll around.

This book gives us a look at what we can choose to expect on a West Coast drive...it takes the guess work out of dining and lodging! I am looking forward to experiencing her suggestions!

This book is both a travel book and a cookbook. I can't wait to hit the road and visit the restaurants that are highlighted here. In the meantime, I'll be in my kitchen making Eggs Woodrose and Pan Fried Zucchini Cakes.

Gave this book as a gift and have received great reviews from the recipient. We already have some West Coast places we want to try together.

Like all of Binns books, this is terrific. I always work my way through her recipes page by page. I am a cookbook collector and this is one you don't want to miss

bought it more for the road trips & destinations - not for the recipes - but we already made 3 things

from it the very first night - and they were spectacular!!

Fun times ahead for everyone.

Great "travel from home." It gave me sweet memories from some of the restaurants we had visited on a trip along the coast and ideas for the next one while I prepare some of the dishes from home.

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